

**PINE BLUFF ARSENAL**  
**1ST ANNUAL**  
**DOMESTIC VIOLENCE PREVENTION 5K RUN/WALK**  
Sponsored by: **ARMY COMMUNITY SERVICE AND RECREATION SERVICES**  
**30 September, 2017 starting at 0800 hrs**  
**5K RUN/2MI WALK/STROLL**

**RUN:** The race will begin at the Plainview Gate Overflow Gate. The surface is asphalt and is flat.

**WALK:** The walk will start at the Plainview Gate Overflow.

**ENTRANTS:** Entry fees will be coordinated through **Carla Easterling, bldg 16-310 (Fitness Center)**. Entry fee is **\$20.00** per entrant prior to the race and **\$25.00** day of the race. **Prepaid applications received by 20 September 2017 will be guaranteed a t-shirt. PLEASE GET APPLICATIONS IN AS SOON AS POSSIBLE.**

**AWARDS:** 1<sup>ST</sup>, 2<sup>ND</sup>, AND 3<sup>RD</sup> PLACE Awards will be given to the following divisions in the 5k run:

Male/Female Overall: 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-UP

**INFORMATION:** We will accept cash, checks, money order and credit cards. Please do not mail cash. Checks and money orders must be payable to FMWR. For more information contact Recreation Services at 540-3778.

Mail applications to: **PINE BLUFF ARSENAL**  
**JMPB-PAR (FITNESS CENTER)**  
**ATTN: CARLA EASTERLING, BLDG 16-310**  
**DOMESTIC VIOLENCE 5K RUN/WALK**  
**PINE BLUFF, AR 71602**

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**Name: (last, first, mid. initial)** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Age:** \_\_\_\_\_ **Sex:** Male Female **T-Shirt size:** S M L XL XXL

**Circle One:** Run Walk **Phone Number:** \_\_\_\_\_

I hereby waive and release any and all rights and claims for damages which I may have against the Pine Bluff Arsenal and Arkansas Runner LLC as well as promoters, other participants, operators, officials, any person in a restricted area, sponsors, advertisers, owners and leasees of premises used to conduct the event and each of them, their officers and employees, all for the purposes herein referred to as "releases", from all liability to the undersigned, his personal representatives, assigns, heirs and next of kin for any and all damages and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the release or otherwise while the undersigned is in or upon the restricted area, and/or, competing, officiating in, observing, or working for, of for any purpose participating in the event. I further agree to hold harmless the Government, its officers, agents, employees and Arkansas Runner LLC for any damage to my personal property or me caused as a result of my participation in this event. I further understand that I am responsible for all dependents and authorized guest who accompany me while participating in this event.

**Participant Signature** \_\_\_\_\_

**Parent/Guardian signature (if under 18)** \_\_\_\_\_

**ENTRY FEES ARE NONREFUNDABLE**